

PREVENT

DRUG OVERDOSE



OD SYMPTOMS

- Gurgling or raspy breathing
- Very slow or shallow breathing
- Blue lips or fingernails
- Pale skin
- Very slow pulse
- Limp body
- Vomiting
- Can't speak or slurred speech
- Dizziness
- Passed out or can't respond

**If someone has these symptoms, CALL 911.
Don't let them try to sleep it off.**

PREVENTION

- The best way you can prevent a fatal overdose (OD) from morphine-type drugs like Vicodin™, Percodan™, OxyContin™, methadone, and heroin is not to take them.
- If you don't stop using these drugs, take them in lower doses and less often.

REDUCE YOUR RISK

- Take only drugs that have been prescribed and use them as directed.
- Tell all your doctors and your pharmacist what medications you are taking.

YOUR RISK INCREASES IF YOU:

- Drink alcohol, use heroin, or take other drugs like Xanax™, Klonopin™, or Valium™ along with morphine-type drugs.
- Buy drugs "off the street."
- Have a history of drug abuse or addiction.
- Use more than the prescribed dose.

If you need help with drugs, call CrisisCare at (937) 224-4646 or contact a physician or hospital.



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