**Module 4 Self-Management: Facilitator Guide**

This exercise intends to help the participant better understand how to work within an interprofessional team to define and identify opportunities to utilize self-management to enhance the patient and provider experience.

**Instructions:**

1. Faculty will introduce the case of Kim Jones noting important details
2. For 7 minutes, participants will work together to discuss and create a care plan for Kim Jones
   1. Keep the group on task and watch time
   2. Discussion questions:
      1. How likely is it that the patient will adhere to your plan? How will you try to convince the patient to be invested in the plan?
      2. Although you didn’t have any opportunity to interact with the patient, what differences are there with how you developed the treatment plan with how it would have proceeded if the patient were present?
3. Participants will meet Kim Jones and share treatment plans with patient
4. With the team for another 6 minutes, participants will work together to discuss and revise their care plan for Kim
   1. Keep the group on task and watch time
   2. Discussion questions
      1. What do you specifically need to learn from the patient and how will you learn it?
      2. What specific questions do you need to ask and/or how will you explore these areas?
      3. How will you address the social determinants of health?
      4. How will your treatment plan address the other determinants of health?
5. Participants will follow-up with Kim in a large group discussion
6. Share your own reflections as faculty of interprofessional teamwork