PACER Module 4 - Self-Management - Post-Evaluation

Start of Block: Consent Block

Q1 Welcome to PACER Module 4: Self-Management Post Evaluation. Before beginning this evaluation, please review the statement below and answer accordingly.

Q2 By answering yes to this question, I agree to give consent for the data in this survey to be included in the HRSA Accelerating Primary Care Transformation Wright ACT-Wright research study. Data may also be used in future research studies. No personal identifiable information is shared.

* Yes (1)
* No (2)

Skip To: End of Survey If By answering yes to this question, I agree to give consent for the data in this survey to be incl... = No

End of Block: Consent Block

Start of Block: Demographic Data

Q5 Email Address

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

End of Block: Demographic Data

Start of Block: SMS

Q16 When you treat patients with chronic conditions, as a clinician, how important is it for you to do each of the following?

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Extremely important (1) | Very important (2) | Moderately important (3) | Slightly important (4) | Not at all important (5) |
| Tell the patient you will be their "coach" but that they are the ones that has to carry out the plan (1) |  |  |  |  |  |
| Ask the patient what change she or he wants to focus on (2) |  |  |  |  |  |
| Work with the patient to jointly set very specific behavioral goals (e.g., walk up two flights of stairs or around the block daily (3) |  |  |  |  |  |
| Try not to overwhelm a patient with too many recommended changes (4) |  |  |  |  |  |
| Have patients come back frequently to check on progress towards behavioral goals (5) |  |  |  |  |  |
| Celebrate with the patient when they make even small behavioral improvements (6) |  |  |  |  |  |

Q17 When a patient is not making progress toward a needed behavioral change, like exercising or diet, how important is it for you to:

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Extremely important (1) | Very important (2) | Moderately important (3) | Slightly important (4) | Not at all important (5) |
| Brainstorm with the patient on how to overcome the problems holding them back (1) |  |  |  |  |  |
| Challenge them to try to take one small step toward a change (2) |  |  |  |  |  |
| Tell the patient how much you care about him/her and his/her health (3) |  |  |  |  |  |

End of Block: SMS

Start of Block: Feedback

Feedback Rate this activity on how well it achieved this purpose:

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **Strongly Disagree** (1) | **Disagree** (2) | **Agree** (3) | **Strongly Agree** (4) |
| This activity was well organized and used the scheduled time efficiently. (1) |  |  |  |  |
| This activity provided practical, useful information. (2) |  |  |  |  |
| This activity was an effective learning platform. (3) |  |  |  |  |

Satisfaction Please rate your satisfaction with PACER Module 4: Self-Management by selecting the most appropriate response on the following scale:

* Very Dissatisfied (1)
* 2 (2)
* 3 (3)
* 4 (4)
* 5 (5)
* 6 (6)
* 7 (7)
* 8 (8)
* 9 (9)
* Extremely Satisfied (10)

Comments Additional Comments/Suggestions:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

End of Block: Feedback

Start of Block: END

end   
**Thank you for completing the assessment on Self-Management!**

End of Block: END